

## Zen Shiatsu Chicago - Full-Time Program 2023 Schedule

	Tues	Wed	Thurs
<b>Jan 10</b>	9-12 Anatomy 1 - 1	9-12 CM1 - 1	9-12 Physiology - 1
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 BZS - 1	1:30-4:30 BZS - 2	1:30-4:30 BZS - Practice Class (1)
<b>Jan 17</b>	9-12 Anatomy 1 - 2	9-12 CM1 - 2	9-12 Physiology - 2
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 BZS - 3	1:30-4:30 BZS - 4	1:30-4:30 BZS - Practice Class (2)
<b>Jan 24</b>	9-12 Anatomy 1 - 3	9-12 CM1 - 3	9-12 Physiology - 3
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 BZS - 5	1:30-4:30 BZS - 6	1:30-4:30 BZS - Practice Class (3)
<b>Jan 31</b>	9-12 Anatomy 1 - 4	9-12 CM1 - 4	9-12 Physiology - 4
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 BZS - 7	1:30-4:30 BZS - 8	1:30-4:30 BZS - Practice Class (4)
<b>Feb 7</b>	9-12 Anatomy 1 - 5	9-12 CM2 - 1	9-12 Physiology - 5
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 BZS - 9	1:30-4:30 BZS - Class 10	1:30-4:30 Break
<b>Feb 14</b>	9-12 Anatomy 1 - 6	9-12 CM2 - 2	9-12 Physiology - 6
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 Break	1:30-4:30 Break	1:30-4:30 Break
<b>Feb 21</b>	9-12 Anatomy 1 - 7	9-12 CM2 - 3	9-12 Physiology - 7
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS2 - 1	1:30-4:30 ZS2 - 2	1:30-4:30 ZS2 - Practice Class (5)
<b>Feb 28</b>	9-12 Anatomy 1 - 8	9-12 CM2 - 4	9-12 Physiology - 8
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS2 - 3	1:30-4:30 ZS2 - 4	1:30-4:30 ZS2 - Practice Class (6)
<b>Mar 7</b>	9-12 Anatomy 1 - 9	9-12 CM3 - 1	9-12 Physiology - 9
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS2 - 5	1:30-4:30 ZS2 - 6	1:30-4:30 ZS2 - Practice Class (7)

	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>
<b>Mar 14</b>	9-12 Anatomy 1 - 10	9-12 CM3 - 2	9-12 Physiology - 10
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS2 - 7	1:30-4:30 ZS2 - 8	1:30-4:30 ZS2 - Practice Class (8)
<b>Mar 21</b>	9-12 Anatomy 1 - 11	9-12 CM 3 - 3	9-12 Physiology - 11
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS2 - 9	1:30-4:30 ZS2 - 10	1:30 - 4:30 Break
<b>Mar 28</b>	9-12 Anatomy 1 - 12	9-12 CM3 - 4	9-12 Physiology- 12
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 Practice Class (9)	1:30-4:30 Practice Class (10)	1:30-4:30 Practice class (11)
<b>SPRING BREAK</b>	<b>Mar 31- Apr 10</b>		
<b>Apr 11</b>	9-12 Anatomy 2 - 1	9-12 CM4 - 1	9-12 Anatomy 2 - 2
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS3-1	1:30-4:30 ZS3 - 2	1:30-4:30 ZS3 - Practice Class (12)
<b>Apr 18</b>	9-12 Anatomy 2 - 3	9-12 CM4 - 2	9-12 Anatomy 2 - 4
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS3-3	1:30-4:30 ZS3-4	1:30-4:30 ZS3 - Practice Class (13)
<b>Apr 25</b>	9-12 Anatomy 2 - 5	9-12 CM4 - 3	9-12 Anatomy 2 - 6
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS3 - 5	1:30-4:30 ZS3 - 6	1:30-4:30 ZS3 - Practice Class (14)
<b>May 2</b>	9-12 Anatomy 2 - 7	9-12 CM4 - 4	9-12 Anatomy 2 - 8
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS3 - 7	1:30-4:30 ZS3 - 8	1:30-4:30 ZS3 - Practice Class (15)
<b>May 9</b>	9-12 Anatomy 2 - 9	9-12 CM4 - 5	9-12 Anatomy 2 - 10
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS3 - 9	1:30-4:30 ZS3 - 10	1:30-4:30 Clinical Reasoning
<b>May 16</b>	9-12 Anatomy 2 -11	9-12 CM5 - 1	9-12 Anatomy 2-12
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 Clinical Reasoning	1:30-4:30 Clinical Reasoning	1:30-4:30 Clinical Reasoning
<b>Break</b>	<b>May 19 - 29</b>		

	Tues	Wed	Thurs
<b>May 30</b>	9-12 Sys Path - 1	9-12 CM5 - 2	9-12 Sys Path - 2
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC1 - 1	1:30-5:00 SC1 - 2	1:30-5:00 SC1 - 3
<b>Jun 6</b>	9-12 Sys Path - 3	9-12 CM5 - 3	9-12 Sys Path - 4
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC1 - 4	1:30-5:00 SC1 - 5	1:30-5:00 SC1 - 6
<b>Jun 13</b>	9-12 Sys Path - 5	9-12 CM5 - 4	9-12 Sys Path - 6
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC1 - 7	1:30-5:00 SC1 - 8	1:30-5:00 SC1 - 9
<b>Jun 20</b>	9-12 Sys Path - 7	9-12 CM6 - 1	9-12 Sys Path - 8
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC1 - 10	1:30-5:00 SC1 - 11	1:30-5:00 SC 1- 12
<b>Jun 27</b>	9-12 Sys Path - 9	9-12 CM6 - 2	9-12 Sys Path - 10
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 Break	1:30-4:30 Break	1:30-4:30 Break
<b>Summer Break</b>	<b>June 30 - July 10</b>		
<b>July 11</b>	9-12 MS Path 1	9-12 CM6 - 3	9-12 MS Path 2
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS4 - 1	1:30-4:30 ZS4 - 2	1:30-5:00 ZS4 - Practice Class (16)
<b>July 18</b>	9-12 MS Path 3	9-12 CM6 - 4	9-12 MS Path 4
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS4 - 3	1:30-4:30 ZS4 - 4	1:30-5:00 ZS4 - Practice Class (17)
<b>July 25</b>	9-12 MS Path 5	9-12 CM 7 - 1	9-12 MS Path 6
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS4 - 5	1:30-4:30 ZS4 - 6	1:30-4:30 ZS4 - Practice Class (18)
<b>Aug 1</b>	9-12 Break	9-12 CM7 - 2	9-12 Break
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS4 - 7	1:30-4:30 ZS4 - 8	1:30-5:00 ZS4 - Practice Class (19)

	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>
<b>Aug 8</b>	9-12 Break	9-12 CM7 - 3	9-12 Break
	12-1 Lunch	12-1 Lunch	12:30-1:30 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 ZS4 - 9	1:30-4:30 ZS4 - 10	1:30-4:30 Ethics (1)
<b>Aug 15</b>	9-12 MS Path 7	9-12 CM7 - 4	9-12 MS Path 8
	12-1 Lunch	12-1 Lunch	12:30-1:30 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 Ethics (2)	1:30-4:30 Ethics (3)	1:30-4:30 Ethics (4)
<b>Aug 22</b>	9-12 MS Path 9	9-12:00 CM 8 - 1	9-12 MS Path 10
	12-1 Lunch	12-1 Lunch	12:30-1:30 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC2 - 1	1:30-5:00 SC2 - 2	1:30-5:00 SC2 - 3
<b>Aug 29</b>	9-12 Business - 1	9-12:00 CM 8 - 2	9-12 <b>Externship Mtg</b>
	12-1 Lunch	12-1 Lunch	12:30-1:30 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC2 - 4	1:30-5:00 SC2 - 5	1:30-5:00 SC2 - 6
<b>Fall Break</b>	<b>9/1 - 9/11</b>		
<b>Sep 12</b>	9-12 Business - 2	9-12:00 CM 8 - 3	9-12 Break
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC2 - 7	1:30-5:00 SC2 - 8	1:30-5:00 SC2 - 9
<b>Sep 19</b>	9-12 Business - 3	9-12 CM 8 - 4	9-12 Break
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-5:00 SC2 - 10	1:30-5:00 SC2 - 11	1:30-5:00 SC2 - 12
<b>Sep 26</b>	9-12 Business - 4	9-12 Break	9-12:30 CPR
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 AZS - 1	1:30-4:30 AZS - 2	1:30-4:30 CPR
<b>Break</b>	<b>9/29 - 10/9</b>		
<b>Oct 10</b>	9-12 EMW - 1	9-12 EMW - 2	9-12 Break
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 AZS - 3	1:30-4:30 AZS - 4	1:30-4:30 AZS - 5
<b>Oct 17</b>	9-12 EMW - 3	9-12 EMW - 4	9-12 Practice Class (20)
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 AZS - 6	1:30-4:30 AZS - 7	1:30-4:30 AZS - 8

	Tues	Wed	Thurs
<b>Oct 24</b>	9-12 MB - 1	9-12 Elective	9-12 MB - 2
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 AZS - 9	1:30-4:30 Elective	1:30-4:30 AZS - 10
<b>Oct 31</b>	9-12 MB - 3	9-12 Elective	9-12 MB- 5
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 MB - 4	1:30-4:30 Elective	1:30-4:30 MB - 6
<b>Nov 7</b>	9-12 MB - 7	9-12 Elective	9-12 MB - 9
	12-1 Lunch	12-1 Lunch	12-1 Lunch
	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office	1-1:30 Open Practice / Office
	1:30-4:30 MB - 8	1:30-4:30 Elective	1:30-4:30 MB - 10
<b>Next to course names, the exact class period number is notated by indicating “ - #”</b>			
<b>For example “BZS - 1” means Class 1 of Beginning Zen Shiatsu</b>			
<b>Practice Classes go with certain course modules. BZS - Practice Class (2) indicates the 2nd practice class that goes with BZS.</b>			